



AL HIKMA COLLEGE

WISDOM | KNOWLEDGE | CHARACTER

www.alhikma.nsw.edu.au

291 Haldon Street, Lakemba, NSW, 2195

P: (02) 9703 3017 | E: admin@alhikma.nsw.edu.au

TERM 2 NEWSLETTER | ISSUE 1

Friday 17th May 2024

HADITH

Muhammad, upon him be peace, said: "When a man passes away, his deeds come to an end except for three things: Sadaqah Jariyah (ceaseless charity); a knowledge which is beneficial, or a virtuous descendant who prays for him (for the deceased)." (Muslim)

The Prophet, upon be peace, said: "The believer's shade on the Day of Resurrection will be his charity." (Al-Tirmidhi)

PRINCIPAL'S MESSAGE

Assalamu Alaikum wa Rahmatul Allahi wa Barakatuh

Dear Parents/Guardians,

I pray for your good health and ask Allah ST to shower His mercy and blessings upon everyone. I ask Allah to have accepted all our worship during the month of Ramadan and make us among those who will be entered into Jannah without reckoning. We hope and pray that we can maintain the good habits we have inculcated in our lives during the month of Ramadan and be steadfast throughout the remaining part of our journey in this world.

Term 2 is racing away as we are entering into the busiest part of the term which entails Gala Days, Public Speaking Interschool Competition, Australia's Biggest Morning Tea, Jump Rope for Heart, assessments, excursions, and progress reports.

I am thrilled to highlight some of the engaging activities and events our students will be participating in, as we delve further into the latter part of Term 2. These experiences not only enrich our curriculum but also foster a well-rounded educational journey for our students.

Soccer Gala Day

Our sports enthusiasts in Years 5 and 6 will have the chance to display their soccer skills at the upcoming Soccer Gala Day which will be held on the 20th of May. This event promises a day filled with friendly competition, teamwork, and sportsmanship. It is a fantastic opportunity for our students to represent our school while enjoying the thrill of the game and connecting with peers from other schools. We encourage our participants to display our school values of respect, integrity, and perseverance throughout the tournament.

Australia's Biggest Morning Tea

In support of a wonderful cause, we will be hosting Australia's Biggest Morning Tea at our school. This event not only promotes community spirit but also raises vital funds for cancer research, prevention, and support services. Our students, staff, and families will come together over delicious treats and beverages to contribute towards this

meaningful initiative. It is a chance for us to show compassion and solidarity as we support those affected by cancer.

We look forward to witnessing our students' enthusiasm and involvement in these upcoming activities. These experiences are integral to their holistic development, offering them opportunities to gain experience beyond the classroom and make lasting memories.

As always, we appreciate your continued support and involvement in our school community. If you have any questions or require further information about these events, please do not hesitate to contact us.

Thank you for entrusting us with the privilege of educating your children.

Jump Rope for Heart Foundation

Jump Rope for Heart kicks off this term at Al Hikma College.

Jump Rope for Heart is the Heart Foundation's primary school skipping challenge that helps kids move more, have fun, and raise funds for life-saving research and programs.

This year we have an audacious goal to see our students log 40 hours of skipping throughout the program! Students will be skipping throughout the term in their PE lessons. We will hold our school Jump Off Day on Tuesday 2nd July which will mark the end of the program. This is a chance for everyone to come together to skip and show off their newly learned skills. Thank you for supporting the Jump Rope for Heart program!

TERM 2 UPCOMNG EVENTS

I would highly appreciate it if you could make a note of the forthcoming important events for this term.

Monday 20th May	Stage 3 Soccer Gala Day
Thursday 23rd of May	Australia's Biggest Morning Tea
Tuesday 4th June	Year 1 Incursion – Aboriginal Experience
Monday 10th June	Monarch's Official Birthday (Public Holiday)
Tuesday 11th June	Year 3 Excursion – Aboriginal Experience
Wednesday 12th June	Stage 3 Excursion to Chinese Garden
Monday 17th June	Eid Al Adha (TBC)
Wednesday 27th June	NRL GALA DAY Years 3 to 6 (Selected teams to participate)
Tuesday 2nd July	Jump Rope for Heart Skills competition K to 6
Thursday 4th July	Last Day of Term 2 for the students Public Speaking Interschool Competition – (selected students) Reports Released
Friday 5th July	Pupil Free Day

PREVENTING FROM CATCHING FLU AND VIRUS THIS COLD SEASON

As the winter season is approaching, many students are falling victims to the vicious virus which is highly contagious. Some precautionary measures we can take as parents include:

Keeping your child at home if he/she is sick

Though it can be tough to miss school when your child has assessments and you have to go to work, it is crucial in stopping the spread of illnesses. Your child should stay home as this gives them a chance to recover. This is also causing a ripple effect where the teachers are falling victims to the various strains of viruses that are going around.

Cover Your Mouth and Nose When You Cough or Sneeze

When coughing or sneezing make sure to cough into your elbow and not your hand. If you cough into your hand, then everything else you touch will be infected by the germs. Every time you sneeze or blow your nose, wash your hands, or use hand sanitizer to prevent further spreading.

Boost Your Immune System

Though medicine is the most effective way to prevent the flu, keeping a healthy immune system can be just as beneficial. Reducing stress, sleeping seven to nine hours a night, and exercising regularly can improve your body's defence system. Eating foods that are rich in Vitamin C such as oranges, grapefruit, kiwi, strawberries, and watermelon can all give your immune system the boost it may need. Flu season can be gruelling, but it does not have to be if you take preventative measures.

Foods to Fight Flu & Cold Season



NITS

We have an outbreak of head lice in the school. Please get immediate treatment if you suspect that your child has head lice. Refrain from sending your child to school since it can spread to the other children in the school.

Symptoms of head lice or nits

If your child has head lice, you might notice your child itching and scratching, especially around the back of their neck and behind their ears. Scratching can make the scalp look scaly or have crusty spots. When you look closely at your child's hair, you might see small, oval shaped, white or brown-black nits attached to the root of the hair, near the scalp. You might also see live head lice. Live head lice move fast. To spot live lice, you might have to part your child's hair very quickly or use the wet-combing treatment described below. A bad case of head lice can lead to itchy dermatitis on the scalp, crusted sores and enlarged lymph nodes in the neck. But this is not common, and your child can avoid it if you treat their head lice as soon as possible.

Does your child need to see a doctor about head lice or nits?

You should see your GP if you have tried the treatments below and they are not working.

You should see also your GP if your child:

- is itching and scratching a lot and it interrupts their sleep
- has sores on their scalp
- has been treated 3 or more times in a year

UPDATING MEDICAL ACTION PLAN

We have been informing some parents about updating the medical action plan for their children. It is compulsory for you to update the medicine (expiry date) and the action plan for students with allergies or any other specified medical condition. Please contact the admin staff for further clarification. The office will contact you if your child's medicine has expired.

REMINDER: SAFETY INSTRUCTIONS FOR PICK UP AND DROP OFF

At Al Hikma College, the safety of our students and convenience of our local community is paramount. Hence, the following guidelines have been put in place for parents to follow, during drop off and pick up of children:

- If you drop off or pick up your child from the front office drive through, your child must enter and exit the car from the left-hand side. Under no circumstance are students allowed to enter from the right-hand side. This is to avoid the risk of students crossing in front of or behind other cars.
- To ensure a smooth traffic flow, parents need to clear the driveway as soon as their child enters or exits the car.
- Please train your child to put on their own seat belt to avoid delays. Under no circumstances are parents allowed to exit their cars to help their child with their seat belt. If you feel your child cannot put their own seatbelt, please park outside or pick them up from kindergarten (small) playground.
- Parents driving through the front office driveway must always turn right at the top of the ramp when the traffic lights are red. No parent is allowed to block the exit for the purpose of waiting to turn left.
- The carpark is only for quick drop off and pick up purposes. Parents are not allowed to park in the school carpark or on school premises, for any reason. If you wish to access school grounds, you must park outside and walk to the school.

TERM 2 CLASS CAPTAINS AND VICE-CAPTAINS

Al Hikma College is committed to preparing our students to become exceptional future leaders. To support our students in achieving these footsteps, we have nominated 2 students from each K – 4 class as a Class-Captain and Class Vice-Captain. This position will provide students with a rich array of opportunities to advance the confidence and skills to develop strong leadership attributes.

Class Captains and Class Vice-Captains are role models who possess knowledge, wisdom, and character.

Congratulations to the chosen K – 4 Class Captains and Class Vice-Captains:

TERM 2		
CLASS	CLASS CAPTAIN	VICE-CAPTAIN
KB	Zain Mohammed	Safaa Bint Emran Ahmed
KR	Zakariya Gillespie	Maha Faris
1B	Muadh Muhammad	Humaira Yahya
1G	Haniya Iftikar	Ziyaad Shaiful
1R	Uzma Jihan Beli Riaz	Idris Hoachar
2B	Iyad Khan	Amtul Zara
2R	Aaminah Yusuf	Muhammad Ajaj
3R	Rahmath Mohammad	Soumaya Radium
3B	Zakeria Zahir	Mariam Mohamed
4R	Zayd Ismail	Muzayna
4B	Ara Rahman	Abubakar Ali

K – 4 Class Captains and Class Vice-Captains will be changed each term.

HIGHLIGHTS OF EID, QURAN RECITATION AND ISLAMIC QUIZ

We are grateful to Allah SWT for allowing us to observe Ramadan and for granting us the strength and opportunity to fulfill our religious duties.

Our students immersed themselves in a variety of enriching experiences during Ramadan, ranging from Quran Competition to Islamic Studies quizzes, charitable endeavours, Iftar gatherings, Eid Fun Day activities. Through these activities, they deepened their understanding of their faith, cultivated a sense of unity within the school community, and demonstrated compassion for those in need. Each event provided valuable lessons and opportunities for personal growth, fostering a spirit of generosity, empathy, and devotion among our students.

We could not have done it without your generosity. Your support and understanding have been invaluable in creating a nurturing environment for all students during Ramadan. Thank you for your dedication and support.



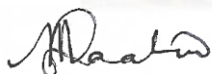
FIRE BRIGADE VISITAL HIGHLIGHT

The firefighters' visit to our school was a welcomed event, filled with excitement and valuable lessons. Dressed in their iconic gear, they entered the school's premises with smiles and enthusiasm, instantly captivating the attention of students and staff alike. Their presentation was both informative and engaging, as they shared crucial fire safety tips and demonstrated the operation of their equipment with a sense of passion and dedication. From showcasing the workings of a fire truck to explaining the importance of smoke detectors, they instilled a newfound sense of awareness and preparedness within the school community. Amidst the laughter of children trying on oversized helmets and the awe-inspired gazes at towering fire hoses, the firefighters left an enduring impact, not just as heroes in uniform, but as educators fostering a culture of safety and responsibility.



SPECIAL HIGHLIGHT

In the vibrant corridors of our school, several classrooms stand out as a beacon of creativity, inclusivity, and dedication to student success. This is the Kindergarten and Year 3 classrooms of Mrs. Dirani and Mrs. Sarakbi, whose tireless efforts and innovative approaches to teaching have created environments where every student feels valued and inspired to learn. Step into their classrooms, and you are immediately enveloped by an atmosphere that celebrates learning. Our teachers' passion and dedication not only enrich their students' educational experiences but also inspire colleagues and the broader school community. We are incredibly fortunate to have such phenomenal teachers shaping the minds and hearts of our students.



Mr. Mohammed Safih
Principal